

**If you answer yes to any of the following questions, you may benefit from competent legal assistance.**

1. Did my brain injury happen at work?
2. Was someone else responsible for my injury?
3. Am I temporarily or permanently disabled?
4. Has my injury negatively affected my employment?
5. Am I unable to support myself?
6. Am I unable to pay my debts?
7. Am I having problems with my insurance company?

**How do you find a competent lawyer?**

**Word of mouth** is an excellent way to find attorneys in your area that represent the brain injury community. If you participate in any support groups, ask survivors and caregivers whether they have any recommendations.

**County Bar Associations** often have a lawyer referral service that will match your needs to the legal practice of a local lawyer.

**Find Legal Help** at [https://www.americanbar.org/groups/legal\\_services/flh-home/](https://www.americanbar.org/groups/legal_services/flh-home/) is a service of the American Bar Association (ABA). Note that the ABA cannot help you directly.

**FindLaw** at <http://www.findlaw.com> is a legal resource for up to date online legal information about popular **legal topics**. Learn how to find an attorney, legal aid services and legal self help. There is a **list of free legal information** available at **FindLaw**

If you have additional needs, return to "[I have been diagnosed with a brain injury](#)," or "[I am helping someone whose life has been affected by brain injury](#)"

OR select the "go back one page" feature.