

**Welcome and thank you for visiting!** Please know the [BIC Team](#) cares about those affected by brain injury. **You don't**

**have to be alone in your new reality.** **BIC's goal**

is to help you get connected to those who can help you and those who understand what you are dealing with after a brain injury.

**If this is your first time visiting the BIC website, you may want to select the YES at the end of the following sentence(s) that applies to you:**

1. **I have been diagnosed** with a [brain injury](#) .
2. I suspect I may have a [brain injury](#) , but **I have NOT been diagnosed.**
3. **I am helping someone** whose life has been affected by [brain injury](#) .

**(Please note that this section is continuously being updated. If you have any suggestions, please Email [BIConnect@aol.com](mailto:BIConnect@aol.com))**

At some point, please take time to **read our** [Welcome Letter](#) .

**Get connected** with "**What's new with the BIC**" by signing up for the newsletter [here](#) . The Newsletter, Get Connected, will be available as soon as we can get it together. We thank you for your patience.

If you or someone you know is in **emotional distress** or **suicidal crisis**, please go [here](#) and connect with the **Suicide Prevention Lifeline**

to get help.

When it is convenient for you, we would appreciate it, if you would complete the [BIC Needs Assessment Survey](#)

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